

## Melanoma Nurse Telehealth Service

With over 15,000 Australians diagnosed with melanoma each year, navigating the health system and accessing disease-specific information can be a daunting and isolating experience particularly for those living in rural and regional areas.

MPA is proud to announce the new telehealth melanoma nurse program which has been generously funded by Melanoma Institute Australia.

The specialist melanoma nurse service will support patients in navigating the health system, accessing available services, and making decisions regarding their health.

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It is our vision that no one should walk alone and we look forward to enhancing the level of support available to Australians, no matter where they live.”

This personalised support service is available to all melanoma patients and their carers and can assist with the following:

- Liaising with your GP, melanoma coordinator nurse, clinical trials nurse and oncologist as requested
- Providing connections to allied health services such as dietitians, exercise physiologists, psychologists and more
- Providing connections to MPA's wide range of support services and other services as required
- Encouraging patients to proactively manage their melanoma including practical tips to manage symptoms and side effects
- Providing information on how to talk to family and friends about your diagnosis
- Helping patients consider the right questions to ask their oncologist, surgeon and wider health team
- Providing evidence-based information and resources
- Palliative care and pain management support
- Advanced care planning

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**Book your telehealth appointment by phoning our National Melanoma Support Line on 1300 88 44 50.**

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