

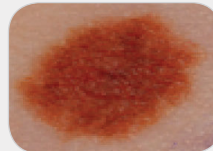
Melanoma check for the signs

Because melanoma is particularly serious, you should be familiar with the signs to look for. **The ABCDE of melanoma can help you to detect it early.**

A

Is the spot asymmetric?

Benign



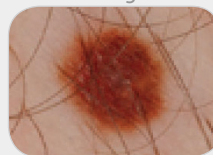
Malignant



B

Does it have uneven borders?

Benign



Malignant



C

Does it contain different colours?

Benign



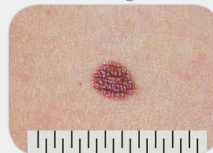
Malignant



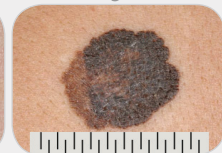
D

Is it larger than 6mm in diameter?

Benign



Malignant



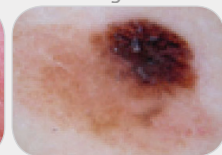
E

Is there an evolution in growth?

Benign



Malignant



EVOLUTION is the most important of the ABCDE warning signs.

A spot that has changed in size, shape, colour, elevation or another trait (such as itching, soreness, bleeding or crusting).

MPA encourages everyone to get regular skin checks with a healthcare professional. If you notice new or changing spots MPA advises you to seek immediate medical advice.

